

SELECTIVE MUTISM AWARENESS

Selective mutism or SM is a serious anxiety condition which prevents a person who is physically capable of speaking from doing so in certain situations or to specific people.

**selective mutism is not
shyness, rudeness
or a refusal to talk**

Campaigning for

**acceptance
inclusion
understanding**

#MoreThanQuiet

someone with SM needs your HELP

Schools can and should make simple adjustments so that students with SM do not lose out

www.ispeak.org.uk